

Newsletter No. 2 3 March 2021



Welcome

I would like to welcome the following children and their families to our wonderful school: Tingli Lyu, Mason Baek, Adina Ibarra, Ellie Lee, Musa Turgumbay, Yujin Kim, Michelle Liu, Moez Elhanbaly, Marcus Tse, Miguel Rodriguez

Upcoming events

15 March	BOT Meeting 5:30 p.m.
30 March	Learning Conferences- School finishes at 1.00 p.m.
31 March finishes at usu	Learning Conferences- School ual time of 2.50

Upcoming events are also on our calendar on our website: www.oteha.school.nz

Meet the Teacher

Due to uncertainty around COVID alert levels, we will not be having the planned Meet the Teacher evening. Teachers have all prepared a video to introduce themselves which will be available for you to view on Seesaw at 9:30am tomorrow.

Additional Student Leaders for 2021

Congratulations to the following children who were announced as our **2021 Travelwise Leaders:**

Year 6: Olivia Niu and Si Woo Jang

Year 5: Nolan Guo, Rada Pazniak, Aiden Van Der Merwe, Celeste Pringle, Ella Khoo-Giles, Lorraine Yin, Jerry Cui and Archie Dew.

Mrs Illing is looking forward to working with them all to promote active and safe travel to and from school.

Student Wellbeing Team: This year we have an exciting and very important initiative that we are focusing for our staff and our children. It is Wellbeing and it is one of our school and Kāhui Ako Strategic Goals, Miss Kristie Daniels is one of our Within School Leaders for the Kāhui Ako and she leads a team of staff within our school to promote Wellbeing. She has also initiated a Student Wellbeing Team, who are Year 5 and 6s with an interest in finding ways to improve the Wellbeing of children in our school. One of the things they have started are Chill Out Zones at lunchtime. These are spaces where children can go and have quiet time if they don't want to be in the playground, which gets very busy and noisy. The Chill Out Zone is open two lunchtimes a week as we recognise it is important for children to get out and get fresh air as well. In the Chill Out Zone they can read, play board games, draw, colour, or just chat.

Congratulations to the following Year 5 & 6 children who were selected as our first Student Wellbeing Team: Alphonso Lemi, Danyil Niemtsov, Adan Rajah, Karry Gong, Marttia Mahdipour, Marcus Carman, Catherine Li, Ethan Yuan, Taylor McDonald, Ella Khoo-Giles, Madi Jonker, Nathan Lu, Tatum Hatton-Jones, Logan Ibell and Lyan Kim.

Kāhui Ako Student Council Reps: Each school in the Oneroa Kāhui Ako selects two children to represent the school and promote activities that benefit our community and our school. Mrs. Chantelle England leads the Student Council. Congratulations to our two Student Representatives: Earl Legasto and Yuuna Kishita.

School Counsellor

We are pleased to welcome back Tina Kwok who worked as a counsellor in our school last year. Tina is working in our school every Friday to support children's development of emotional literacy through role plays, art, movements, music, and storytelling. As a parent or caregiver, you are very welcome to contact her if you are concerned about your child's wellbeing. Some signs to look for may include the following:

- Tiredness or sleepiness
- Persistent sadness two or more weeks
- Withdrawing from or avoiding social interactions
- Hurting oneself or talking about hurting oneself
- Talking about death or suicide
- Outbursts or extreme irritability
- Drastic changes in mood, behaviour, or personality
- Frequent headaches or stomach aches
- Changes in academic performance
- Avoiding or missing school

Here is a link to her website, which gives you more information about her and what she does. https://sites.google.com/view/parenting-counselling/home

You can send Tina an email hkwo002@aucklanduni.ac.nz with your child's name, room number and reasons why you would like her to see them.

Oneroa Kāhui Ako News

Our school belongs to the

Oneroa Kāhui Ako/Community of Learning which consists of Glamorgan, Oteha Valley, Torbay, Sherwood, Long Bay Primary and Northcross Intermediate Schools and Long Bay College. Early learning services are also able to join a Kāhui Ako and after initial consultation last year, we are now welcoming local early learning services whose tamariki transition into our schools to join if they wish to. If you have any questions about this collaboration, please contact the co-principals of the Oneroa Kāhui Ako: Janet Pinchen (Glamorgan) and Rose Neal (Oteha Valley School).

Learning Conferences

Learning Conferences will be held on Tuesday 30 March and Wednesday 31 March. On Tuesday 30 March school will finish at 1.00 p.m. to allow Conferences to start at 1.30 p.m. All children must be collected from school at 1.00 p.m. that day. SKiDs will be open to supervise children for parents who are working or cannot make other arrangements.

These conferences give you an opportunity to talk with your child's teacher 1-1 and for your child to share an aspect of their learning. You will receive a link to School Interviews shortly that will allow you to book times to meet with teachers.

Kia Kaha – Keep well

Rose

Rose Neal Principal

Community Notices

Guitar Lessons at Oteha Valley School

Hi, my name is Phil Moore and I have been teaching guitar at Oteha Valley School since 2012. Students learn a range of traditional and contemporary styled songs and techniques **during school hours on Wednesdays**. The lessons are group classes in which students play and sing together a group and take turns to play to the group as individuals. It's a really fun format and is popular at the four schools I teach at on the North Shore.

To view some of my students in action, click on the following link...

https://youtube.com/playlist?list=PLOpLvAhe58NIYaXS5FBZrQMV5xbDwUdrD



lessons contact phil.moore@musiqhub.co.nz or 021761441

Support during lockdown:

Do you struggle with lockdown?

Kids, work, washing, kids, snacks, work... oh my gosh all of it - OVERWHELM?

Want to join a bunch of like-minded women just having some fun?

You are invited to join our private community during this lockdown.

One thing I know is that connection and community can get us through this lockdown. If you would like to join us for the next 7 days, then just click on the link below.

My gift to you. The coaches and I want to support as many women as need the lift during this time.

Loads of inspiration, workouts, and just fun to be had. Inside the group, you will find a schedule of what our coaches and I have installed for you. (by Sunday evening)

Join us: and let's keep our moods high, our connection positive, and great health as a priority.

https://www.facebook.com/groups/summercherries

In just 8 fun filled weeks you will feel fitter, stronger, lose weight, gain confidence, gain some fresh perspective, laugh, learn some cool stuff and join a community of other women, who all want the same thing.... to live their lives with a cherry on top.

Yes every week it involves exercise, yes it involves conversation, yes it has special guests who inspire and teach and give out free stuff and yes it is for all shapes sizes and fitness levels. You will not regret saying yes to 8 weeks of commitment to yourself.

OREWA STARTS SAT 730AM 20 FEB OREWA STARTS THURS 7PM 25 FEB ALBANY STARTS MON 7PM 22 FEB See website for more Funfit options

LIMITED SPACES Book now online at www.funfit.co.nz

Do you struggle during lockdown? You are invited to join our private community for FREE during lockdown. Loads of inspiration, workouts, and just fun to be had. Inside the group, you will find a schedule of what our coaches have installed for you.

Join us: Let's keep our moods high, our connection positive and great health a priority!

CONFIDENT

IT'S AS SIMPLE AS JOINING US FOR THE FUNFIT 8-WEEK EXPERIENCE
PUT YOURSELF FIRST

GLOWING

HEALTHY

INVIGORATED

6 Week Funfit Experience

When was the last time you tried something new?

Where you got those feelings of nerves, or is that excitement.

Join us at your school hall on a Monday evening for some fun workouts.

This is your time to find some time for yourself. It is time to find that one thing that when you start something, you finish it.

Join us NOW.

www.funfit.co.nz



Artz on Show School Holiday Performing Arts Workshop

This is a fun yet educational week for students aged 5 – 15 years

Students participate in a range of performing arts classes, concluding the week with a performance!

27 - 30 April 2021, 9am – 4pm daily Held at Takapuna Normal Intermediate

View our website; www.artzonshow.co.nz or contact Hayley on either artz@artzonshow.co.nz or 09 294 7129

ARTZONSHOW.



Let us bring the party to you!
Order ezlunch 8 - 19 March
and win party bags for your
whole class including a
ezlunch voucher per child

... AND there's 10 cupcakes for the school office!

THANK YOU, FROM US!

Every order goes in the draw for a chance to win. One chance per order. Winner will be drawn on Friday 19 March 2021 and will be notified by phone or email. No correspondence will be entered into.



If you want to be one of the community contacts, please contact Newsletters Unlimited, Ph/Fax: 09 817 3867, or Email: newsletters@xtra.co.nz